

HGS

HOUSTON GERONTOLOGICAL SOCIETY

On Wednesday, 15 August 2018

Enjoy An Evening with

Wesley McWhorter



J. Wesley McWhorter, MS, RD, LD, CSCS

Wesley McWhorter is the Culinary Nutrition Director of the Nourish Program and a Lecturer within the Dietetic Internship Program at the University of Texas School of Public Health (UTSPH) in Houston.

He is a professionally trained chef, registered dietitian, and certified strength and conditioning specialist. His experience includes corporate wellness, dietetics education, school and hospital foodservice, fine dining, sport's dietetics, and working as a private chef. He holds degrees in culinary nutrition, dietetics, and nutrition and metabolism additionally he is pursuing a doctorate in public health with an emphasis in Nutrition and Behavioral Sciences.

Wesley currently teaches Culinary Medicine courses at the UTSPH and McGovern Medical School. His research interests are in closing the divide between culinary literacy and nutrition education and policy.

5:30 pm networking and wine, followed by dinner and program at 6:15 pm

Amazing Place

3735 Drexel, Houston, Texas 77027

About our Host Amazing Place

Founded in 1996, Amazing Place is Houston's only day program exclusively devoted to adults with mild to moderate dementia. Our participants, ranging in age from their 50s to their 90s, benefit from an invigorating program that provides structure, stimulation and socialization.

Cost Dinner & Program: Dinner is free for sustaining & corporate membership levels. The reduced guest fee attending with a member is \$20. The dinner/program cost is \$25 for non-members. Continuing education contact hours will not be offered for this program.

Serving the geriatric community and professionals in aging for over 30 years.

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